

# Caring Dads



Working together to keep families together

**FREE to Lambeth referrers**

**CAFCASS recommended**

**Our Service**

**Refer Here**

Caring Dads is a 17 week intervention programme for fathers of any age. Fathers learn to build healthy relationships with their children, by reducing the impact of controlling, abusive and neglectful behaviour. This programme is for men who want to be a positive force in their children's lives.

**Rooted in the community for over 120 years,  
supporting families facing adversity.**

## How can Caring Dads help?

- It helps fathers to learn about their own experiences of fatherhood and how this impacts their parenting.
- It helps to build stronger relationships with their children and wider family.
- Our facilitators can communicate participants' attendance to professionals.
- By offering a comprehensive report providing participants with an overview of their learning.



**Click here** to hear from fathers who have completed our Caring Dads programme.

**"It actually is a safe space"**