

Outreach: Young Parent Support



Working together to keep families together

Make a Referral



We offer 1:1 and group support for young parents under 25 in Lambeth.

Our team of practitioners help empower young parents facing adversity through skills building and emotional and practical support. We work with families within a trauma-informed model to help them thrive.

**Rooted in the community for over 120 years,
supporting families facing adversity.**



“Finding community and connecting with other people in my situation at groups has helped me so much” Parent

“1:1 support boosts my mood and just makes me feel motivated. Help with housing, the food pantry and accessing nappies and formula has been a godsend.” Parent