

Our impact 2024/25

Working Together to Keep Families Together







A Message from Sally Prentice, Chair of the Board of Trustees

It is my great pleasure to share our 2024/25 Impact Report. This year we have worked with 224 parents and enabled them to co-create a better future for themselves and their children, working alongside our skilled, dedicated and hard working staff team.

This chapter at St Michael’s was one of transition, where we bid farewell to Sue Pettigrew after her 36-year tenure as Director at St Michael’s. Sue’s personal dedication to supporting families over many decades has been extraordinary.

SECURING CHANGE

18 families

RESIDENTIAL ASSESSMENT CENTRES

23 families

JIGSAW

52 families



This year we have supported 224 parents across all our services

OUTREACH

74 young parents

CARING DADS

29 fathers

We look to the future with confidence and pride, having welcomed our new CEO, Oretha Wofford, in April of this year. Oretha brings extensive expertise in family and children’s services, alongside a deep and unwavering commitment to empowering families facing adversity to not only endure, but thrive.

We are particularly proud to welcome Oretha, a Black woman of distinguished experience and vision into this pivotal leadership role. Her appointment represents both progress and a powerful statement of intent. At St Michael’s, we have been on our own journey of reflection and action, recognising the urgent need to confront and dismantle systemic racism, an issue too often sustained within the charity sector. We believe that genuine transformation begins with accountable leadership and courageous decisions. As such, we remain committed to demonstrating what is possible when diversity and inclusion are not only values but lived practices. The Board and I are excited to support Oretha as she builds on Sue Pettigrew’s legacy and leads St Michael’s into its next chapter.

The Board of Trustees has also undergone major changes in the last two years. I am delighted to welcome five new trustees to join Juline, Jasmine, Jonathan, Yasmin and Samantha. In our trustee recruitment we were intentional about bringing onto the Board people with expertise in working with children and families. Maria, Shantel and Candice bring substantial experience in social work and Sean is a retired primary school head teacher. Regina is an HR professional and her technical skills add to Samantha’s considerable expertise in charity finance and Jasmine’s understanding of risk management. Our Board is now much more diverse in terms of race, ethnicity, lived experience and background, but we need to do more to attract people with disabilities, and men, who are underrepresented on our Board, to apply to be trustees.

At St Michael’s, innovation is at the heart of our work. As we continue to grow, we’re proud to announce we will be the sole UK provider of the Fathers for Change pilot, in partnership with Dr Carla Stover (Yale University) and the Fatherhood Institute. This programme strengthens our work with fathers by reducing incidences of domestic abuse, repairing father-child relationships, and supporting co-parenting. We look forward to sharing more soon.

Our mission remains true to those we strive to support. The stories and impact we share speak to the heart of who we are, an organisation that stands alongside parents and children during some of their most challenging times, with compassion, honesty and belief in every family’s potential.

To our staff, partners, funders and supporters, thank you. Your support enables the families we work with to build a future for themselves and generations to come.

Sally Prentice

Why Our Work Matters

The need for our support has never been greater. In Lambeth, families continue to face some of the highest levels of adversity in London.

The Challenges Our Families Face



Deprivation: Lambeth is the 6th most deprived London borough, with 23% of children growing up in income-deprived households.



Child poverty: Around 1 in 4 children live in households struggling with income.



Special educational needs: 20% of school-aged children are registered with SEN (Special Educational Need).



Teenage pregnancy: Lambeth still has the highest rate of under-18 conceptions in London at 14.1 per 1000.



Housing: In September 2024 nearly 6,000 children in Lambeth were living in temporary accommodation.



Food insecurity: 27,473 food parcels distributed across Lambeth in 2023/2024. (Trussell Trust)



Domestic abuse & ACEs: Young parents are disproportionately affected by Adverse Childhood Experiences.



Across the UK, ethnically diverse communities are disproportionately affected by poverty. (Joseph Rowntree Foundation)



74% of our Lambeth community represent the Global Majority population.

Challenges are intensified for young people within these communities, who often face multiple layers of discrimination affecting their education, employment, health, and aspirations.

A significant number of our families are affected by Adverse Childhood Experiences (ACEs) including abuse, neglect, family breakdown, parental substance misuse, mental ill health and domestic violence. We also recognise racial trauma and systemic discrimination as significant ACEs, and address these in our practice.

Using trauma-informed, relationship-based approaches grounded in evidence, we aim to prevent new ACEs, lessen the impact of past ones, and break intergenerational cycles of trauma and adversity.

No two families are the same. Our bespoke 1:1 work champions and supports the differences in our community.

We embed our work at the heart of the community, shaped by local data and lived experience. This allows us to meet families where they are, helping them not just to survive, but to thrive.

*Data sources: Children and Young People's Demography Factsheet 2024
Lambeth 2030: Our Future Lambeth Homelessness and Rough Sleeping Strategy 2025–30*

How We Respond

Our programme is built on years of learning and listening, beginning with our early work supporting young mothers to overcome stigma and build confidence.

COVID-19 left lasting scars in Lambeth, heightening isolation, anxiety, and digital dependence. We have responded by creating safe, inclusive spaces that help families reconnect, rebuild social confidence, and nurture their children's development.

Today, we continue to deliver:

- ✔ **Holistic, non-judgmental support** shaped by staff with lived experience
- ✔ **Pathways to resilience** for families facing poverty, poor housing, and limited access to opportunities
- ✔ **Collaborative work with parents** to strengthen parenting skills, wellbeing, and school readiness for children
- ✔ **Inclusive practice** that values and adapts to people's diverse learning and physical needs, ensuring everyone can participate and thrive
- ✔ **Anti-Racist practice** that recognises how cultural background and beliefs shape the unique foundations of every family

Looking Ahead

While progress has been made, the challenges facing our community remain urgent. By embedding our work locally and standing alongside families, we will continue to reduce inequality, break cycles of disadvantage, and help children and young parents thrive.

“I feel so grateful to the St Michael's team for their warmth and empathy.”



The Impact We See

Over 90% of professionals would recommend our services and believe we work in an inclusive and trauma-informed way.

Public Health England reminds us that “**Parenting is the biggest single factor affecting children’s well-being and development.**” At St Michael’s, we hold this truth at the core of everything we do. We believe that every family has the potential to thrive, when given the right support.

Supporting Families, Transforming Futures

Through our services, we create opportunities for parents to:

- ✔ Strengthen parenting skills
- ✔ Build confidence and self-esteem
- ✔ Nurture aspirations and meet everyday needs
- ✔ Achieve lasting positive change for themselves and their children
- ✔ Families feel **more resilient, empowered, and supported**
- ✔ Children show **improved school readiness**, with gains in communication, social, and physical development
- ✔ Young parents report **better mental health outcomes** and stronger community connections
- ✔ Families are better equipped to navigate challenges such as housing, employment, and discrimination

“St Michael’s came to me at exactly the right time in my journey.”

— Father

“My child has become more interactive with children her age and always counts down the days till our next group.”

— Mother

Our Impact This Year

In the past year, we proudly supported **224 parents** across all our services.



RESIDENTIAL FAMILY ASSESSMENT CENTRES

Our three centres in South London provided safe, structured environments for families to take part in fixed-term residential assessments, helping parents strengthen their skills and create more stable futures for their children.



SECURING CHANGE

Offered vital follow-on support for parents completing residential assessments, ensuring they were not left isolated but instead equipped with tools to continue their progress.



JIGSAW FAMILY CONTACT SERVICE

Provided professional, compassionate supervised family time in a dedicated space where parents and children could reconnect, rebuild trust, and transform family relationships.



OUTREACH PROGRAMME

Supported young parents in Lambeth with one-to-one mentoring and group sessions, empowering them to overcome barriers and create brighter futures.



CARING DADS

A specialist group programme for fathers of all ages, helping them to reflect, grow, and strengthen their relationships with their children.

The Difference We Make

Each of these services is more than just a programme, they are lifelines. They offer families the chance to break cycles of disadvantage, overcome stigma, and build resilience. Most importantly, they create the conditions for children to grow up in safe, nurturing, and loving homes.



Outreach

Our Outreach service provides 1:1 and group support to young parents Under 25 in Lambeth.

OUR YEAR IN NUMBERS

74 young parents across Lambeth received support.

1:1 Support

During 1:1 sessions, our Outreach practitioners frequently address pressing concerns around:

- ✔ Housing and finance
- ✔ Parenting skills and child development
- ✔ Healthy relationships
- ✔ Education, training and employment pathways

One-to-one sessions are central to building trust. Many young parents come to us with past negative experiences of professional intervention. By offering safe, **non-judgemental, and tailored support**, we create space for honest conversations. Alongside emotional support, we provide practical guidance around everyday needs, cooking, nutrition, and home safety, helping parents gain the tools to secure long-term stability for themselves and their children.

“1:1 support boosts my mood and just makes me feel motivated. Help with housing, the food pantry and accessing nappies and formula has been a godsend.”

— Young Parent

“Staff members have extensive up-to-date knowledge and experience. The wide range of available support is brilliant. Staff are child-led with a family focus. You can see how much they care.”

— Social Worker



Group Support

Our groups create safe spaces for young families to:

- ✔ Build confidence and self-esteem
- ✔ Reduce social isolation
- ✔ Make new friendships and support networks
- ✔ Work towards AQA Unit Award Schemes, gaining recognition in topics such as parenting, relationships and cooking

“The groups help me to improve my English. They’ve given me a place of togetherness that is judgement-free.”

— Young Parent

We were proud to see parents achieve certificates in key life skills, marking progress not only in learning but also in confidence and aspiration.

Summer Programme

Our annual Summer Outreach Programme provides families with valuable opportunities to bond, explore new environments, and create lasting memories together.

For children, these trips, whether to farms, parks, or the seaside, nurture confidence, curiosity, and independence, which are crucial foundations for early development and school readiness.

For parents, the programme offers quality time free from daily pressures, strengthening relationships and creating positive shared experiences that last well beyond the summer.

“My child has become a lot more confident, which has helped them now they’ve started nursery. The staff always encourage my child to be independent, so they can learn new things.”

— Young Parent

“Trips give me the opportunity to experience new things with my child... they’ve also helped me come out of my shell.”

— Social Worker





“I felt blank. Probably in denial.”

Meet Leanne: Our Youngest Mum

At 14 years old, Leanne found out she was pregnant.

Whilst Leanne wasn't worried about what others would think, she felt sad for her unborn daughter, knowing the father didn't want to be involved. **“I started thinking about what I'd tell her when she's older. But I knew I had my mum's support, and I was just excited to meet my daughter.”**

Leanne's midwife referred her to St Michael's, after she expressed she didn't think she'd feel comfortable attending baby groups where most parents were a lot older than her. **“I didn't think I'd fit in. I wouldn't have much in common with them.”** Once referred to us, Leanne began working closely with Michelle, our Start for Life Practitioner.

School had become a challenging environment, with few members of staff showing support once Leanne had shared her pregnancy. At a time when she most needed the support of her community, she felt her school let her down. Michelle, keen not to let Leanne's pregnancy impact her access to education, advocated for the school to provide her with a personal tutor.

Leanne shared that Michelle offered both emotional and practical support. **“I can speak to her about everything.”** Michelle helped Leanne secure essential baby items, accompanied her to appointments, and helped her to communicate her needs during labour, ensuring she got an epidural when she needed one. Michelle was one of the first people to meet baby Sienna. When Sienna was born, Leanne cried. **“I was so proud and excited.”**

Leanne and Sienna continue to attend Parents & Peanuts and Friday Group at St Michael's.

“Parents & Peanuts has taught me so much about breastfeeding, sleep and nutrition. I also didn't know how important it is to talk to your baby.”

Friday Group is exactly what Leanne needed, a space to meet other young parents and feel less alone.

Later in the year, Leanne will return to school to continue studying for her GCSEs. One of her favourite subjects is Music. **“It's my escape. I might write a song that's like a letter to my daughter for my final year project”.**

Now 15, Leanne is focused on the future. **“I just want to be the best mum I can be.”** She plans to go to university to possibly study Criminology, Law, or Midwifery. **“Becoming a mum has definitely made me interested in being a midwife one day.”**

Her hope for Sienna? **“To finish school, be successful, and just live her life.”**

Leanne's advice to other young parents: **“You can do it, trust your instinct.”**

“It's been a dream working with Leanne; she is my youngest client. Her journey has truly cemented my passion as a Family Practitioner. Being there through her antenatal care and labour was a privilege I deeply cherish. I'm so confident Leanne is on the path to becoming the wonderful mother she's meant to be and I am grateful to support her every step of the way.”

— Michelle, Start for Life Practitioner

Our Year in Lambeth

Our services are rooted across the borough, enabling local communities to access our support.



- Outreach Group: Roupell Park Estate
- Outreach Groups: Loughborough, St Stephen's and Henry Fawcett Children's Centres
- Head Office, Caring Dads Programme & Food Pantry
- Food Pantry Donation Point: Lidl Streatham
- Outreach Group: RegenGym
- Lambeth Country Show: Brockwell Park
- Residential Assessment Centres
- Fathers Outreach Work: Kennington Job Centre
- Health Visitor Conference: St Thomas' Hospital





“This programme came to me at exactly the right time in my journey.”



Caring Dads

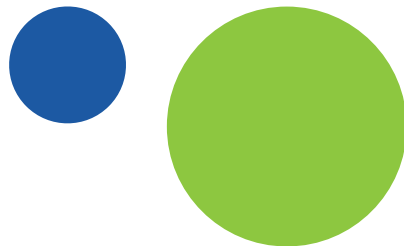
St Michael’s has been a long-term delivery partner for the Caring Dads programme.

Caring Dads is an evidence-based programme that works with fathers who have been abusive, neglectful, or controlling, helping them to recognise the impact of their behaviour on their children and partners.

The programme focuses on building responsibility, positive parenting skills, and safer, healthier relationships within families.

OUR YEAR IN NUMBERS

- ✓ 29 fathers successfully completed the Caring Dads programme
- ✓ 4 London boroughs have received our expert facilitator training





“Don’t be afraid to ask for help.”

Meet Wayne: A Journey through Caring Dads

When Wayne was referred to the Caring Dads programme, he was at crisis point.

Struggling with drug and alcohol addiction, grieving the recent loss of his mother and facing the repercussions of domestic violence within the home; his two young children were placed in temporary foster care. Wayne and the children’s mother, also struggling with addiction, were able to maintain contact with their children through a contact centre.

Wayne approached the first session feeling **“anxious, embarrassed and ashamed...but I’d do anything for my kids,”** he said. **“So it was a priority.”**

As a private person, the idea of sharing within a group felt daunting, but over time things began to change. **“Everyone was in the same boat.”**

As the weeks progressed, Wayne began to relax. **“I realised I wasn’t the only one who had been through certain things. I opened up more.”** He attended all 17 sessions, finding comfort and connection with others who understood his journey. **“It gave me a reason to get out of the house and to think about my future.”**

“I can’t fault the facilitators.”

After completing Caring Dads, Wayne went on to volunteer with a local drug and alcohol support service, where he found purpose in helping others. **“I loved being out in the community, it felt good to support people I could relate to.”**

“There’s no judgment, everyone is so welcoming.”

Wayne is now in full-time employment and recently achieved full custody of his children. They live together in a two-bedroom flat and are rebuilding their family life day by day.

Wayne says his relationship with his children, and their mother, has dramatically improved. **“We co-parent 10 times better now. The kids have noticed the difference, especially my eldest, who’s more affectionate with me now.”**

“Hang in there, it gets better.”

“I understand now where I was wrong. I’m proud I pushed myself and went out of my comfort zone. My life wasn’t normal before; I was lying to myself.”

Wayne shared the type of father he wants to be:

“A strong guide. Someone who shows them what’s right and wrong and makes sure they don’t follow in my footsteps.”



[Click here](#) to hear fathers speak about their engagement with Caring Dads.





Jigsaw Family Contact Centre

Family breakdown can be one of the most difficult experiences a child faces.

At Jigsaw, we provide a safe, neutral, and homely environment where children can maintain vital relationships with parents and siblings, even in the most complex circumstances. Our approach is always child-centred, focusing on stability, safety, and positive family outcomes.



OUR YEAR IN NUMBERS

- ✔ **52 families** were supported
- ✔ **88 children** were able to engage in parental contact
- ✔ **41 hours of contact was subsidised for 7 families**, thanks to donor generosity

Without subsidy, many families are unable to afford contact, risking further breakdown and long-term harm to children.

Developing our Team

In September 2024, we strengthened our provision:

- ✔ **Sacha**, a long-standing sessional worker, became our Lead Contact Supervisor, providing consistent, trusted support during weekend contacts
- ✔ **Elvedina**, our Jigsaw Co-ordinator, achieved accreditation as a **NACCC Inspector**, bringing invaluable expertise to our work and ensuring we maintain the highest standards as a NACCC Enhanced Accredited Contact Centre

83% OF CHILDREN SAID THEY LIKED OUR STAFF.



[Click here to watch our Jigsaw service video](#)

Voices from the Community

“I have excellent communication with them. I find them to be extremely caring people. They do an excellent job and often go the extra mile. I find the team extremely cooperative, professional, friendly and competent in what they do.”

– Foster Carer

“I didn’t think me and the father of my kids would be in a place to do handovers ourselves. Thanks to Jigsaw and all the support we’ve had, we’re now able to.”

– Mother

“Over 90% of children said they felt safe at Jigsaw.”



Residential Family Assessments

Our Residential Family Assessment Centres provide a safe, supportive environment where parents and children live together under professional guidance.

Here, families are assessed holistically looking at parenting capacity, capacity to change and the ability to provide safe, nurturing homes for their children.

OUR YEAR IN NUMBERS

In the past year, we worked with **23 families**:

- ✔ **10 families (43%)** successfully returned to the community with their children
- ✔ **2 families (9%)** are awaiting final court hearings
- ✔ 6 families arrived after previously having a total of **14 children removed** from their care. Following assessment, **2 of these families were able to return home with their subsequent child**, a powerful sign of change and progress



Click here to watch our Residential Family Service video



Why This Matters

Residential assessments give parents the chance to demonstrate their strengths, address challenges, and access the support they need in real time. For children, it provides a crucial safeguard: ensuring that decisions made about their future are informed, fair, and centred on their wellbeing.

“The whole team have been amazing from start to finish. Staff work professionally and collaboratively with multi-agencies. Feedback is always provided timely, is informative and child-centred.”

— Social Worker

“I really struggled at first, but once you realise you get out what you put in it all starts to make sense. I’ve learnt so much about parenting and now believe in myself a lot more. I’ll be leaving soon and this place feels like home to me now, I’m really gonna miss it.”

— Mother who returned home with her child

Our three residential centres are accredited by Ofsted and are all assessed as ‘Good’.



“Ann-Marie advocates brilliantly for families and provides valuable contributions to a family’s plan of work.”

– Social Worker

Securing Change

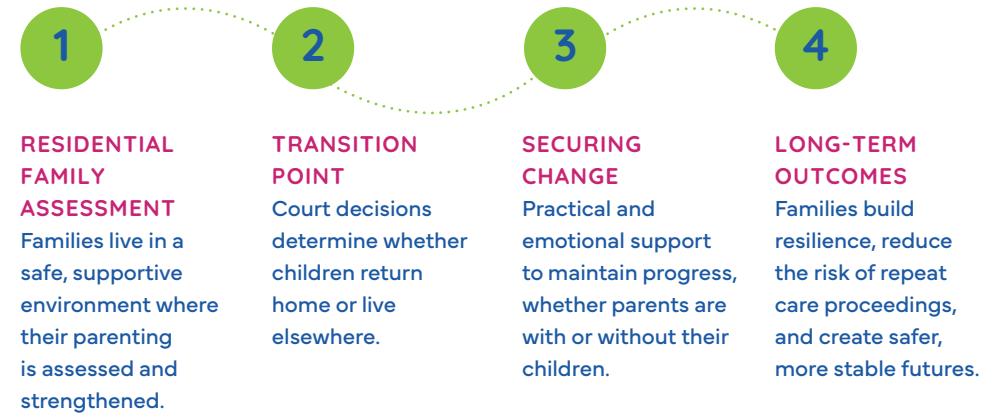
Securing Change offers invaluable support during one of the most complex and emotional transitions families can face: life after residential family assessment.

For many parents, this journey means returning to the community with their child and adjusting to the responsibilities of independent family life. For others, the courts decide that returning home is not safe for the child, and separation occurs. Both outcomes bring significant challenges, and both require holistic, compassionate support.

OUR YEAR IN NUMBERS

- ✔ Last year, 18 parents engaged with Securing Change
- ✔ 77% of families assessed in our Residential Family Assessment Centres went on to receive follow-on support

Embedding Positive Change



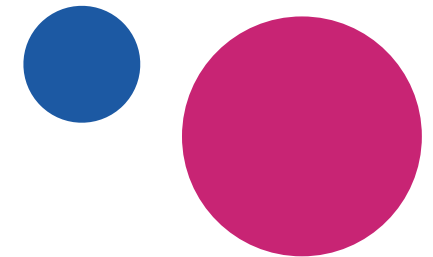
Why Securing Change Matters

Returning to the community post-assessment is often uncertain. Parents must navigate new systems, expectations, and emotions. Securing Change exists to:

- ✔ Sustain the positive learning and behaviours achieved during assessment
- ✔ Prevent further concerns or risks from escalating
- ✔ Reduce the likelihood of recurring care proceedings
- ✔ Offer non-judgmental support, whether parents are with or without their children

Ann-Marie is not there to judge us. She’s been a saving grace, helping us apply for nurseries and securing a Blue Badge for our daughter.”

– Family




Looking Ahead

Securing Change ensures that hard-won progress is not lost. By standing alongside families in this transition, we help maintain stability, reduce the risk of future child removals, and create stronger, safer foundations for the future.



[Click here](#) to watch our Securing Change service video



“I’m eternally grateful for the opportunity they gave us as a family ... we grabbed it with both hands.”

Our Journey: Claire & Matthew 16 years on

In 2009, Claire and Matthew arrived at Tessa Baring House (then Number 46) with their two young sons, Alfie (18 months) and Harry (3 months). Both had faced significant challenges, Claire had experienced domestic violence in her previous relationship, leading to her and the father of her children losing custody of their 3 daughters. Matthew had a difficult childhood, growing up in foster care and spending time in and out of prison. The family were referred to St Michael’s due to concerns about their parenting.

“I was terrified,” Claire shared. **“I didn’t trust the system and doubted myself as a mum.”** Matthew felt similarly uncertain: **“I was nervous... it was the unknown. Growing up in care, that sense of uncertainty...it’s not nice”**

Claire, Matthew, Alfie and Harry arrived at St Michael’s, not knowing what to expect. But once they began to settle, things started to change. **“The staff made us feel welcome, it started to feel like a safe space,”** said Matthew.

They learned how to build routines, communicate, and develop confidence as parents. Matthew said the experience helped him grow in ways he never imagined, **“I was scared to hold the boys, they felt so fragile. By the end, I was cuddling them, playing, getting stuck in. I finally felt like a dad.”**

“We’re proof it works.”

The couple received a positive assessment and left as a family of four. **“It felt like I’d won the lottery a million times over”** Claire shared. Staff gave the family a Good Luck card and a framed family photo as a celebration of their commitment to achieving positive change. **“I still take it out when I need a reminder that I can do this.”** Claire

“Just be yourself. Ask for help. It’s not a weakness.”

Rebuilding their life outside of assessment was at first difficult. **“We missed the support,”** Claire admitted, noting that transition might have been easier with a follow-on service like Securing Change, which we launched in 2017. With determination, they found a rhythm, and happily married in 2015, expanding their family with two more children Georgie and Lilly.

They have been confidently raising their family without social services involvement. **“If I’d had a chance like this with my girls, I think things could have been different.”** Claire.

Matthew is most proud of **“getting to see my children grow up and giving them a loving, stable home.”** He added, **“Everything I learned at St Michael’s, over time has just become second nature.”**

“There’s no handbook to parenting, just be open-minded and try.”

The family continued to thrive. Alfie is an apprentice plumber, while Harry is studying for his GCSE’s. Claire has volunteered with Southwark Council’s adoption team, offering insight as a birth parent. She has met two of her daughters and continues to celebrate them in family life.

“They’re a part of us, even if they don’t live with us”.

“St Michael’s are fair and neutral. They gave us a real chance.”

Holistic Support

Support is found in many other ways which complements our strategic objectives.

Our Food Pantry

Access to food is a basic human right. In the last year, nearly **3 million food parcels** have been distributed across the UK, with **455,000 in London**.

Lambeth has one of the highest levels of need with 27,473 parcels distributed in 2023/2024. (*Trussell Trust*)

Donations from customers and staff at our local Lidl Streatham, in partnership with Neighbourly, offers our families peace of mind to access food, hygiene and baby supplies when in need.

OUR IMPACT

- Each month we receive approximately **200 donations**
- This provided **150 parcels** across the year for our families. Thank you to Lidl, Neighbourly and our local community

Hardship Support

Our team explore opportunities to access additional support for items families might need, including through Housing the Homeless. Beds, cots, baby care items, clothing and white goods are always much needed and well received. Enrichment opportunities have been achieved through extra-curricular activities, mini-UK holidays and excursions and seasonal gifts and Festive Dinners.

OUR IMPACT

- 57 Christmas gifts were shared by the Salvation Army
- 58 Festive dinners provided by Bridge Brigade



Thank You

To our funders who have enabled our critical work to continue. Lambeth Council, Comic Relief, The City Bridge Foundation, The Segelman Trust, The Charles Hayward Foundation, St James's Place Foundation and The John Coates Charitable Trust amongst many others.



To our supporters who have made individual donations, undertaken a challenge or encouraged fundraising to help empower families.

Our full financial accounts are available on the [Charity Commission website](#) and [Companies House](#).



Join our Supporters Mailing List



Join our Professionals Mailing List



Your support helps families and children to thrive

There are many ways you can continue to support our work and help improve the lives of many more children and their families.

Trust or Foundation

As a Trust or Foundation, a one off or multiyear grant supports our longer-term goals and strategic planning.

Individual

As an individual, you can donate via our website for a one off or regular donation. Signing up for Gift Aid creates a further 25% contribution at no extra cost.

stmichaelsfellowship.org.uk/donations

Or by bank transfer

Account: NatWest Bank

Account number: 82008329

Sort Code: 60-05-34

Leaving a legacy

Leaving a gift in your will supports a legacy demonstrating your commitment to support the future of families facing adversity. Get in touch with Caroline: caroline@stmichaelsfellowship.org.uk

Volunteer with us

Help keep our core costs to a minimum whilst engaging directly with our work. For more information please contact: caroline@stmichaelsfellowship.org.uk

Support in other ways

Get in touch with Caroline: caroline@stmichaelsfellowship.org.uk

“You’re lovely souls and are amazing individuals with very big hearts. Thank you for all your help and words of wisdom. I appreciate everything you’ve done for us.”

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